

## 6. Milina – Lafkos – Milina



*This is an easy walk along large stretches of cobbled path (kalderimi), which show clearly how it must have been in former times when produce was transported with horses and donkeys along these paths. The walk offers beautiful views over the southern part of Pilio and the Pagasitic Gulf. The vegetation along the route consists mainly of olive trees, but there is also wild vegetation that is at its best in the spring. On the way back the route passes a small church.*

*The walk has a length of a little more than 8 kilometres and spans a height of 350 metres. It took us 2.5 hours.*

*Start: to reach Milina you take the road from Volos through Argalasti and southwards along the coast.*

*Map: Anavasi 4.3 Thessaly, South Pilio 1:50.000*

*Map for waypoints and tracks: Anavasi Topomap 3D op CD-Rom, Pilio – Mavrovouni, South Pilio.*

*Food and drink: There are restaurants and bars in Milina and Lafkos, a spring water drinking fountain in the square in Lafkos and another on the way back at the small church.*

1. The walk begins in Milina at the quay next to a church, where the road to Lafkos (ΛΑΥΚΟΣ) begins. Take this road.
2. After about 600 metres, before a slight bend, you see a walker sign on a pole and an arrow pointing to the left to Lafkos. Turn here onto the beautiful kalderimi. You walk through the olive grove, cross an asphalt road and follow the kalderimi as it winds further up between the olive trees.
3. You reach the asphalt road again. Cross the road and at a blue mark take a narrow path up. Pass a stone wall and walk slightly to the left upwards towards a few large rocks past which you reach a higher level. Continue straight ahead



between the olive trees and pass a few stone walls on your right hand side. Soon you see a small house. Past the house you see an earth road that leads you further on between the olive trees.

4. Cross an earth road that leads to the asphalt road on your right.



5. After 150 metres, turn left onto a wide kalderimi. Holm oaks and other low trees and shrubs have grown here into a hedge on both sides of the path and, for this reason, the path is partly shaded. Through openings in the hedge, every now and then you have pleasant views of Lafkos. Higher up, where the path no longer lies between hedges, you have a lovely view over Milina, Trikeri and the mountains of Evia. The path is mainly a kalderimi, part of which is still intact and part of which has been renovated. The path reaches a concrete road.

6. Turn left onto the concrete road.
7. About 100 metres further on, turn right onto a slanting concrete path. Follow this path up between the houses to its highest point.
8. Turn right here, into ΟΔΟΣ Γ. ΚΑΡΑΙΣΚΑΚΗ. A bit higher up you reach the square in Lafkos with a church and three large cypress trees.
9. Turn left into the square. On the taverna wall at the corner there are walker signs. For Milina you descend here to the left between the houses.
10. At the bottom of wide steps you walk down to the right onto a concrete path. This changes into a partly recognizable kalderimi. You leave the village. Further down the path is wide.
11. Once out of the village, where you have magnificent views over the sea, ignore a wide path to the right. We descend on the kalderimi, which in parts is beautifully maintained, to Milina. On the way we pass a small church, Panagia Mesosporitissa, with a drinking fountain. At the first houses of Milina, the kalderimi changes into a concrete road that continues to descend. Follow this concrete road between tall trees to an asphalt road which takes you further down to the sea. Turn left there and return to the starting point of this walk.



***Enjoyed your walk? Any comments? Let us know!  
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